

# Comfortland Deluxe OA Knee Brace

BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THIS DEVICE.

## INDICATIONS

The Comfortland deluxe OA knee brace provides stability and support for osteoarthritis, rheumatoid arthritis, and meniscal cartilage derangement. Effective in unloading pressure from the medial or lateral compartment of the knee, thus reducing pain.

## CAUTION

The application instructions listed above are intended for the use of qualified professionals only. It is not recommended for patients to attempt to apply or adjust this device unless otherwise instructed to do so by an orthopedic professional. Any questions regarding further adjustment or frequency/ duration of wear should be directed to your orthopedic professional, as they know the individual condition for which this device was prescribed.

## PREPARATION

1. Loosen all closure straps, leaving the brace open. This brace comes prepared to unload pressure on the medial compartment of the knee. For lateral compartment issues, remove the condylar pad with the unloading dial and place on the medial side of the brace, via the Velcro provided.

## APPLICATION

1. Slide the brace over the leg, making sure that the hinges align with the center of the knee on each side. (Fig. A)
2. Starting at the top of the brace, feed each closure strap through its corresponding d-ring, and secure using the Velcro provided. Make sure the brace fits snug and little movement is experienced. (Fig. B)
3. Continue working down the brace, tightening each strap while making sure the brace stays aligned with the knee. (Fig. C)
4. Once the brace is secured on the knee, make sure that all straps are tightened so that the brace fits snug and little movement is experienced. Tighten and re-adjust as needed.

## UNLOADER DIAL ADJUSTMENT

Turn the dial on the unloading condylar pad until the desired level of unloading is achieved. The dial is numbered 1-5, with 5 being the maximum level of unloading. (Fig. D)



## CLEANING INSTRUCTIONS

Remove soft liner from brace and hand wash in cold water with mild detergent. Wipe the remainder of the brace with cold water. Allow all parts to air dry before re-assembly. Do not dry clean, iron, or bleach any part of this brace, as it could cause damage and void the manufacturer's warranty.

**NOTICE:** While every effort has been made to obtain maximum strength, function, and durability, there is no guarantee that injury will be prevented through the use of this device.

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